

# Right Care Initiative

## The University of Best Practices, Sacramento



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## CMS Innovation Center

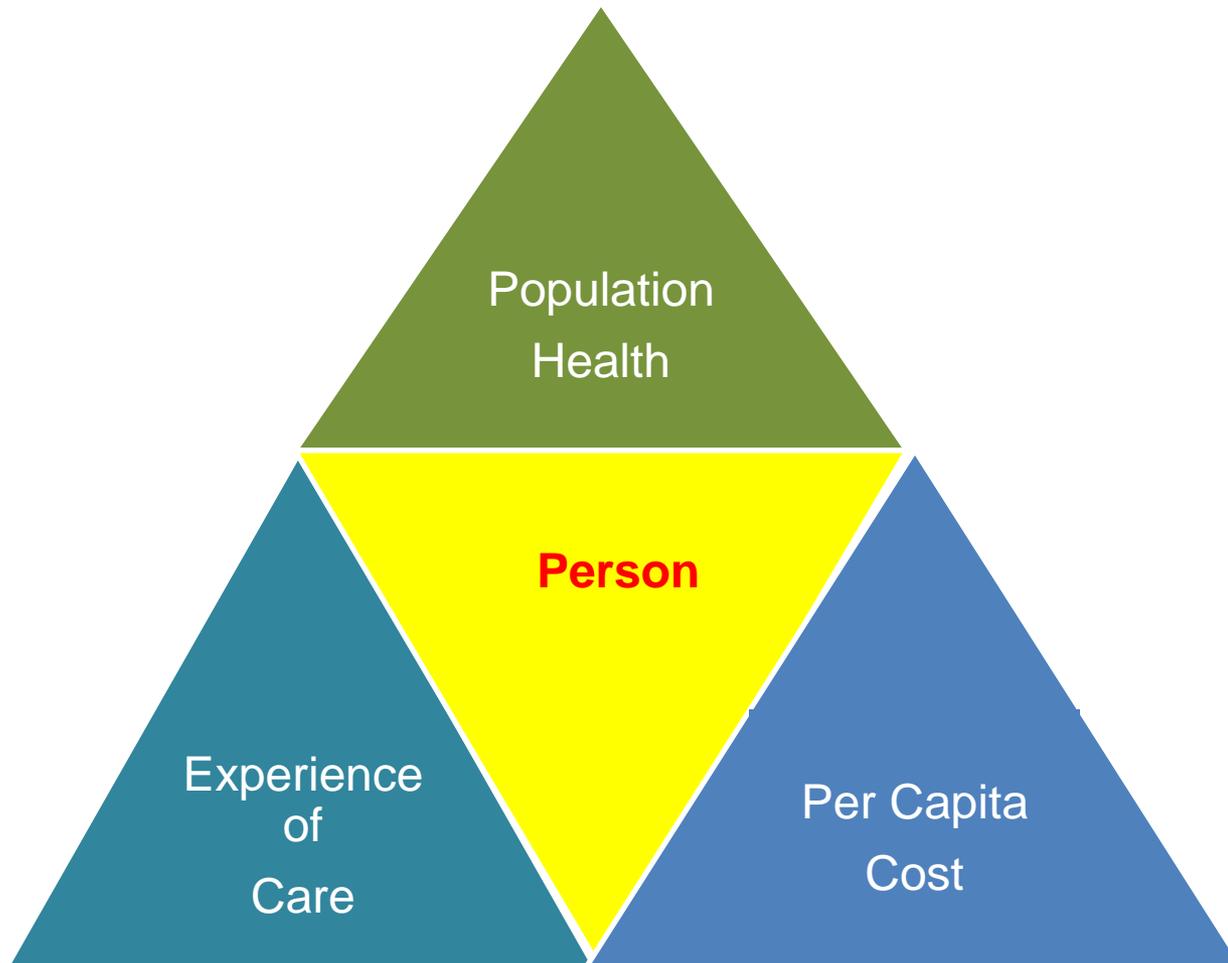
Taking Action to Improve Care and Reduce Costs

# **CMMI Innovation Center Portfolio -22 programs**

- **Primary Care Transformation**
- **Accountable Care Organizations (ACOs)**
- **Bundled Payment for Care Improvement**
- **Medicare-Medicaid Enrollees**
- **Capacity to Spread Innovation**
- **Health Care Innovation Awards**
- **State Innovation Models Initiative**
- **Initiatives Focused on the Medicaid Population**

## Three Part Aim

*The Best Care, for the Whole Population, at the Lowest Cost.*

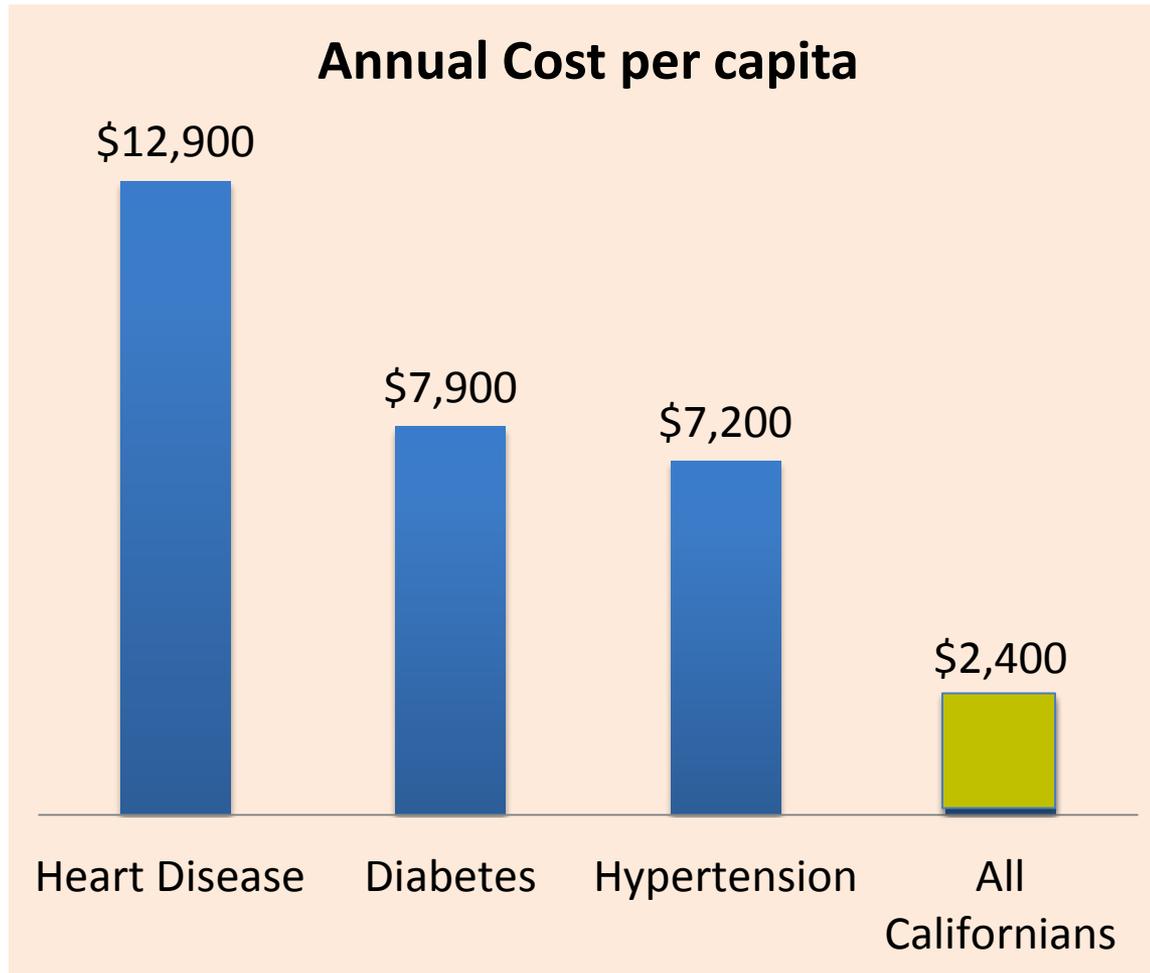


# Sacramento

## Prevalence of Chronic conditions

<b>Death rate</b> per 100,000 35+ all race , all gender	Sacramento	CA State
<b>Stroke</b>	<b>87</b>	<b>79</b>
<b>Coronary artery disease</b>	<b>247</b>	<b>237</b>
<b>Hypertension</b>	<b>308</b>	<b>252</b>

# Cost of chronic care



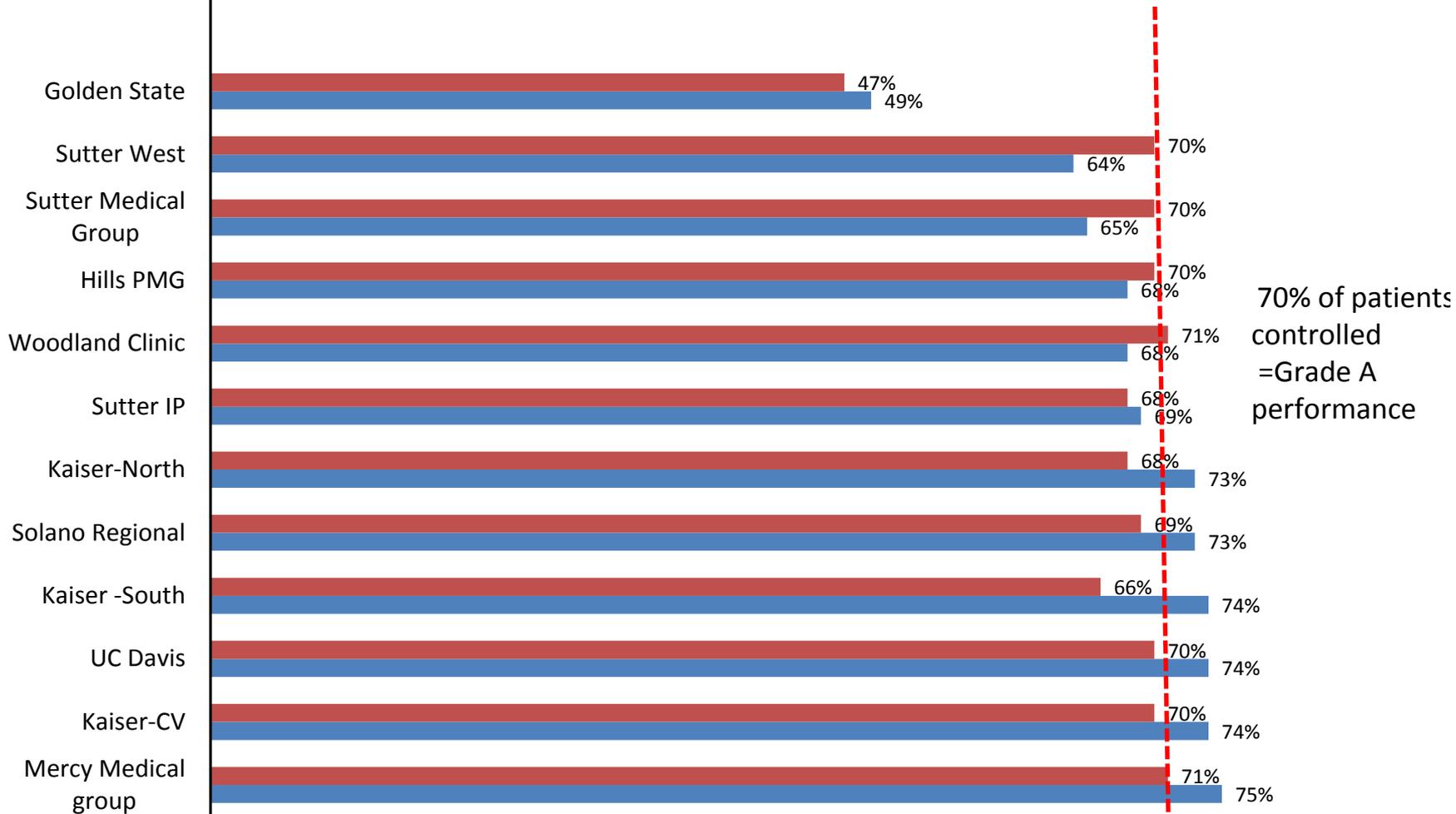
Health care cost per capita for people with heart disease is by far the highest: **more than five times** that of the general adult population.

# California Health Care Quality Report Card - 2012 edition (2010 data)

## Local Medical Groups (Commercially insured)

■ Blood Sugar Control (HbA1C < 8 for Diabetes Care )

■ Cholesterol Control (LDL-C<100 for Heart Care patients)



# Goal : Working together to prevent Heart Disease and Stroke

## Right Care Objectives:

- **Hypertension**

Improve the number of patients with high blood pressure controlled ( < 140/90) to 76% (90<sup>th</sup> percentile HEDIS®) by end of 2013.

- **Secondary Cardiac Prevention**

Improve the number of patients with LDL < 100 to 73% (90<sup>th</sup> percentile HEDIS®) by end of 2013.

- **Diabetes care**

Improve the number of patients with HbA1c < 8% to 71%

Improve the number of patients with LDL < 100 to 58%

(90<sup>th</sup> percentile HEDIS®) by end of 2013.

# Right Care Initiative

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Great location.

*Sierra Health Foundation, Sacramento*



Low fat lunch

# Excellent speakers around RCI objectives

## July:

-Dr. Anthony DeMaria: The Science Behind Prevention, and the San Diego Example

## August: Prevention Guidelines

-Dr. Sean Ameli & Laura King Hahn: AHA's Get with the Guidelines Program

-Dr. Caroline Peck: CDPH Heart/Stroke Registry

-Dr. Mary Fermazin: QIO Update on Federal Initiatives

## September: Cardiovascular Disease in Women

-Dr. Amparo Villablanca: Cardiovascular Disease in Women

# Alignment of Clinical Quality Measures across payers=Population Health

Million Heart/Right Care Initiative/ 10 <sup>th</sup> Scope CQMs	CMS PQRS*	ONC Meaningful Use	PQRS CV Prevention Measures Group	ACOs	HRSA UDS	Medicare Advantage Star rating
Aspirin Use	Yes	Yes	Yes	Yes	Yes	
BP Screening	Yes		Yes	Yes		Yes
BP Control	Yes	Yes	Yes	Yes	Yes	Yes
Chol Control – Pop	Yes	Yes				
Chol Cont – DM	Yes	Yes	Yes	Yes		Yes
Chol Cont – IVD	Yes	Yes	Yes	Yes		Yes
Smoking Cessation	Yes	Yes	Yes	Yes	Yes	

\*Physician Quality Reporting Services

# Tools & Processes

Highlight local best practices

Check box	Best Practices for HTN management	
	1	My practice maintains a list of my cardiovascular disease patients and we can track their care.
	2	<b>Home BP monitors</b>
	3	Provide “cardiovascular age” and expected goal
	4	Education of clinic providers around appropriate anti-hypertensive medication usage.
	5	Pharmacist on Care team
	6	Improving Provider-patient communication around diet, diagnosis and management
	7	Tele-monitoring and counseling on patient adherence to antihypertensive medication

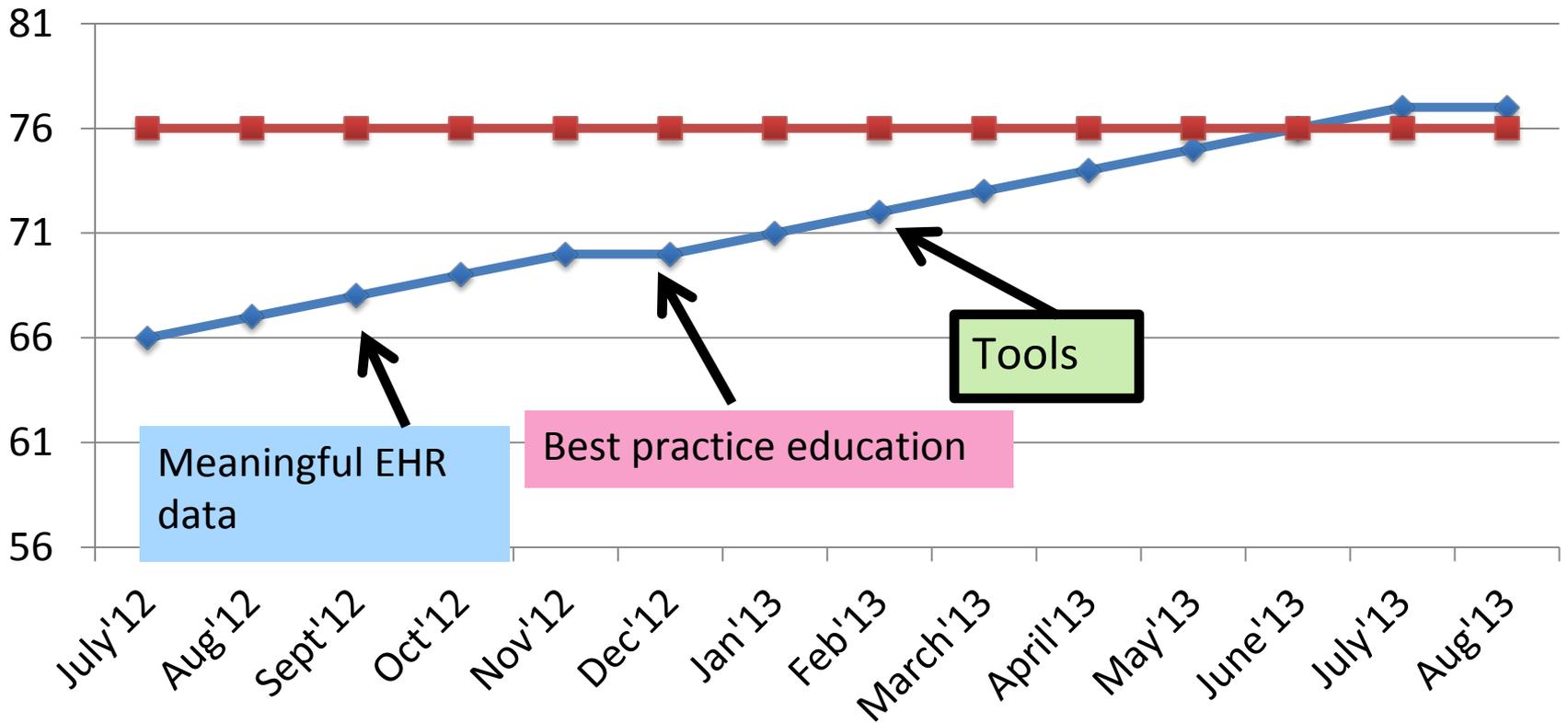
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# Sample Sac group's HTN improvement

- ◆ Percentage of patients with diagnosis of HTN with Average last 3 BP <140/90
- Goal 76% HTN Population control



# Key Components of Million Hearts/RCI

**CLINICAL  
PREVENTION**  
*Optimizing care*

**Focus on  
ABCS**



**Health  
information  
technology**



**Clinical  
innovations**



**COMMUNITY  
PREVENTION**  
*Changing the context*



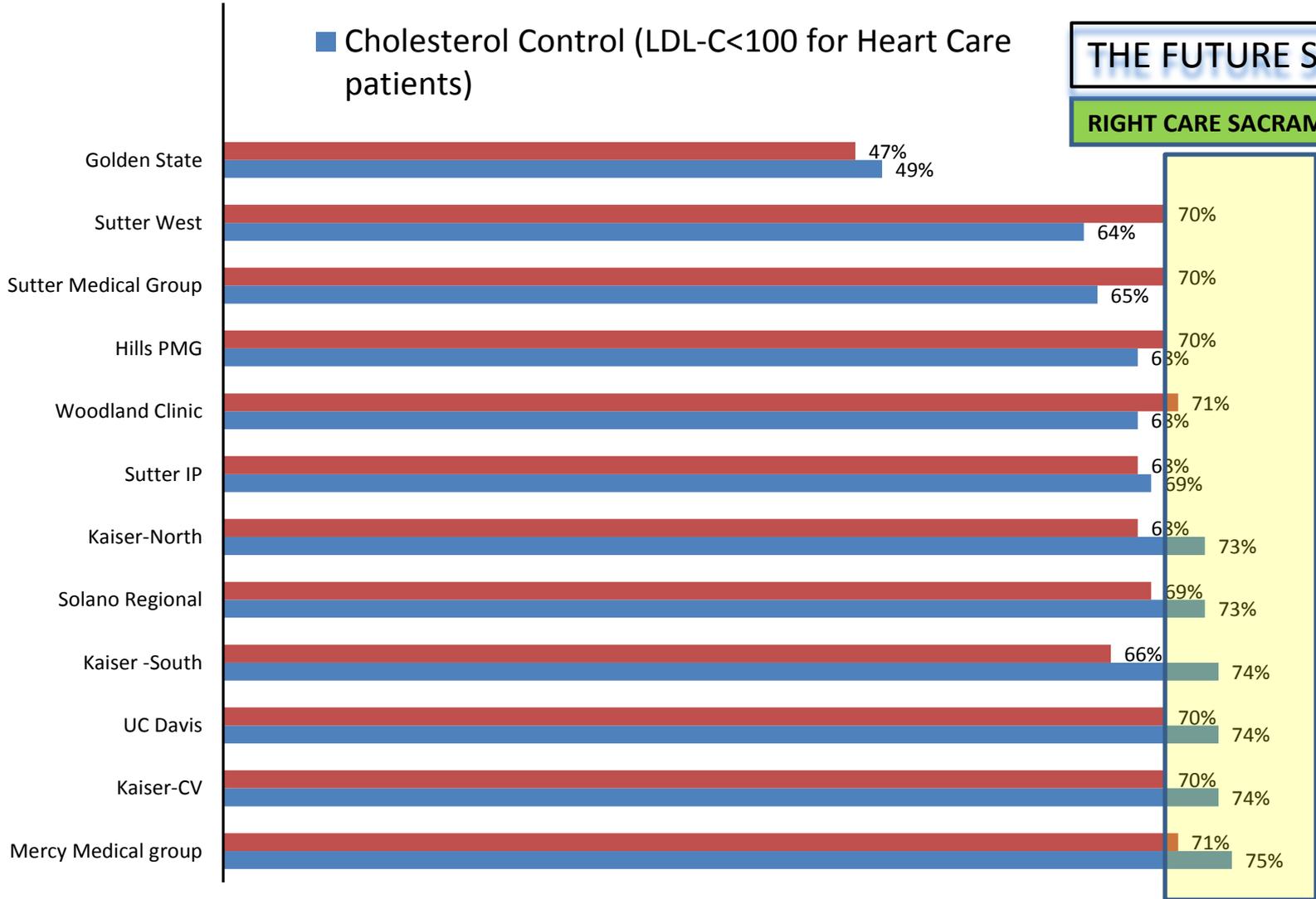
# Warren Principle

“Its not just about competing with each other, it’s about competing against disease”

# California Health Care Quality Report Card

■ Blood Sugar Control (HbA1C < 8 for Diabetes Care )

■ Cholesterol Control (LDL-C<100 for Heart Care patients)









Dr. José A. Arévalo  
Sr. Medical Director, SIP



Dr. Don Hufford  
CMO, WHA

Thank you.