DMHC and Regulatory Oversight of the Accountable Care Model



Jay J Cohen, MD, MBA Chairman of the Board and President Monarch HealthCare, a Medical Group, Inc. November 3, 2010

ACO Payment Methodologies

- PPACA Section 3022. "Medicare Shared Savings Program"
 - Part A and B fee-for-service payments to providers continue in same manner
 - If ACO meet quality performance standards, they become eligible to receive payments for shared savings





ACO Payment Methodologies

- PPACA Section 10307. "<u>Improvements</u> to the Medicare Shared Savings Program"
 - <u>Partial Capitation</u> Model
 - <u>Limited to ACO capable of bearing risk</u> and highly integrated systems of care
 - Financial risk for some, but not all, of part A and B services
 - Cannot result in increased spending for assigned beneficiaries
 - Other Payment Models
 - "<u>Any</u> payment model the Secretary determines will improve the quality and efficiency of services"
 - Cannot result in increased spending for assigned beneficiaries
 - Secretary may give <u>preference</u> to ACOs participating in <u>similar arrangements with other payers</u>

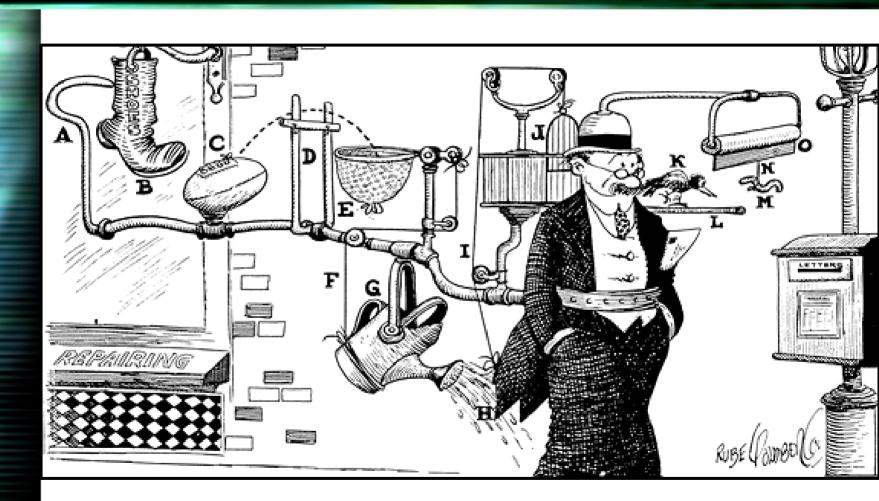


"The Innovation Center" (CMI)

- PPACA Section 3021. Establishment of Center for Medicare and Medicaid Innovation within CMS
 - Purpose: <u>to test innovative payment and delivery</u> <u>models</u> to reduce program expenditures while preserving or enhancing the quality of care
 - The Secretary shall select models to be tested, which may include the following:
 - (ii of xx) Contracting directly with groups of providers of services and suppliers to promote innovative care delivery models, such as through <u>*risk-based comprehensive payment*</u> or salarybased payment



There is No ACO Instruction Manual





Accountable Care Critical Success Factors Achieving the "Triple Aim"

- Vision and values
 - Why are you doing this?
- Ability to hit quality performance metrics <u>AND</u> reduce costs
 - Engaged physician leadership
 - Appropriate physician incentives
 - Robust investment in IT systems
 - Care coordination expertise
- Collaborative doctor, hospital, and payer relationships
- Strong financial performance and financial reserves
 - Ability to successfully bear risk and generate bonuses
 - Ability to comply with regulatory requirements
- Willingness to be transparent with quality and cost data



Implementation

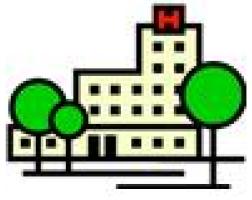
California Coordinated Care Model

- "...the most efficient and cost-effective way to deliver health care to the greatest number of Californians." -Governor Schwarzenegger
- 25 year history of physician-led coordinated care
- CAPG: 155 experienced IPAs and Medical Groups
- Areas of demonstrated expertise:
 - Accepting and managing financial risk
 - Organizing physician networks
 - Physician incentive payment methodology
 - Investments in HIT: registries, connectivity, EMR
 - Integrated delivery systems with hospital partners
 - Clinical care management programs
 - Cost effective high quality patient centric care



What About the Rest of the Country?

- Generally speaking, physicians are not well organized to deliver integrated, coordinated, accountable care
- As a result, marketplace dynamics are driven by health plans and hospitals, whichever possess the greatest leverage
- Not ideal, if the objective is achievement of the "Triple Aim"



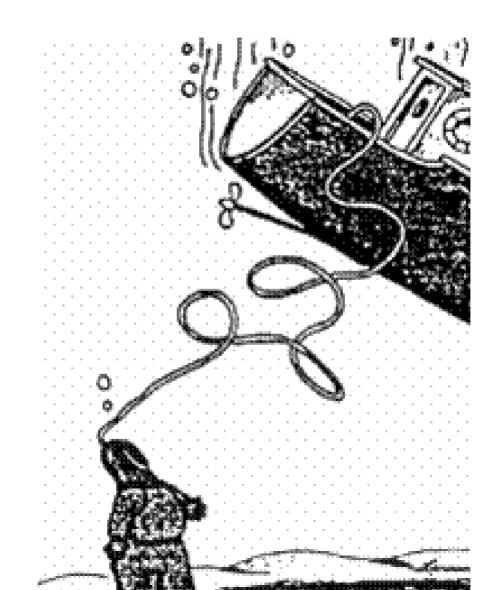


Creating an ACO – a Lot of Hard Work Monarch/HCP/Anthem Workgroups

- Steering Committee
 - Bi-weekly conference calls
 - Includes Dartmouth-Brookings and DMHC representatives
- Sub-committee Workgroups
 - Member Attribution
 - Contract Framework and Structure
 - Information Technology and Operations
 - Performance Metrics
 - Product Development
 - Communications
 - Medical Operations

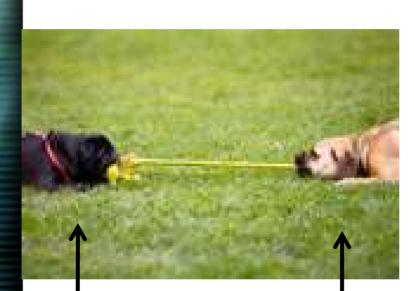


Regulatory Protections Will Be Required





Who Will Regulate ACO?



Feds

States





ACO Model: Risks Defined

- Failure to launch
- Failure to achieve Triple Aim objectives
- Insolvency of ACO
- The greatest risk of all (in my view):

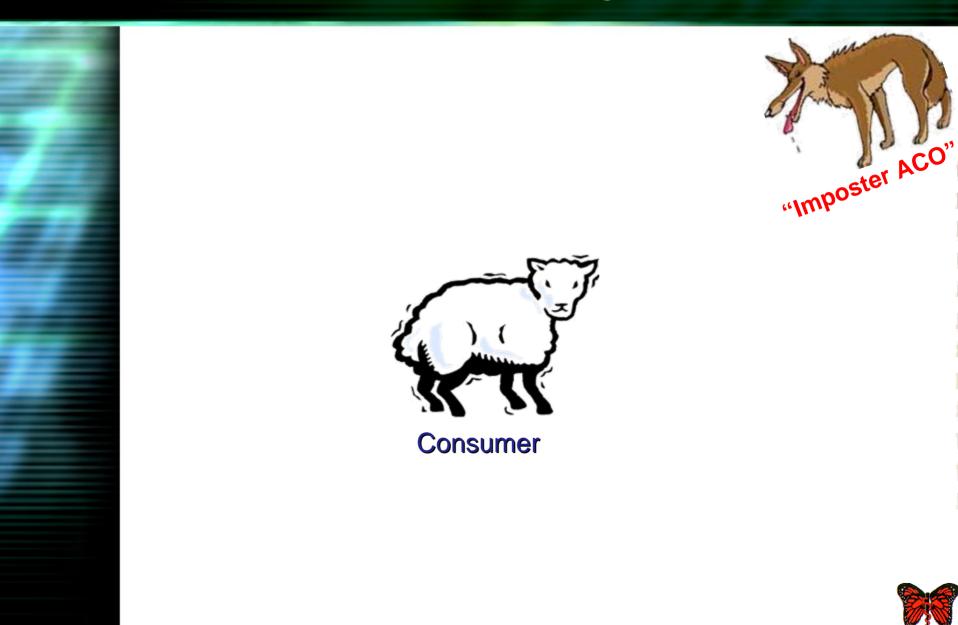
ACO momentum high-jacked by "ACO imposters" attempting to maintain the status quo

"CMS will support ACO learning networks. Authenticity matters, those who seek to protect the status quo won't be tolerated."

> Don Berwick, MD CMS Administrator October 5, 2010



DMHC's Role: Protect Against Risks

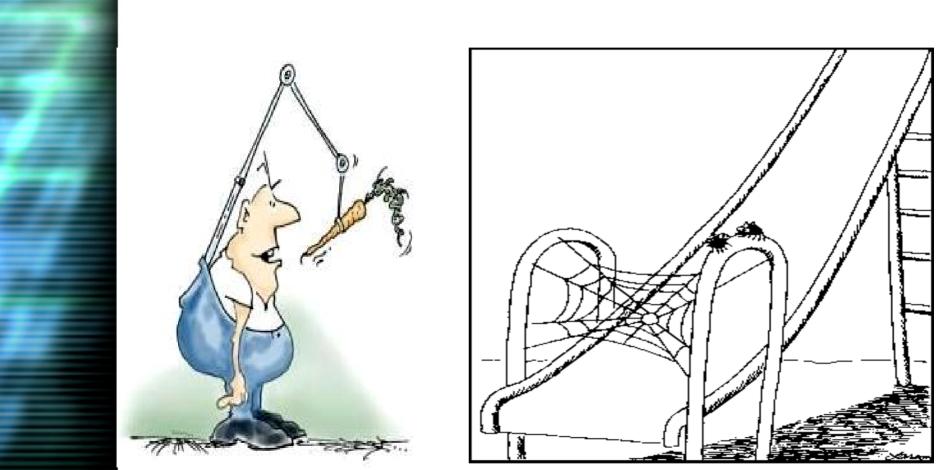


Waiver Requirement Recommendations:

- Capital reserve and transparency requirements Consistent with KKA Licensure
- Demonstrated ability to successfully bear risk ("delivery system capitation") for at least three years
- Demonstrated willingness to submit financial data to DMHC (i.e. SB 260 regulations) for at least three years
- Demonstrated ability to successfully achieve and report quality metrics (i.e. CAPG Standards of Excellence and IHA P4P) for at least three years
- Willingness to transparently report total cost of care information, including year over year trend



The Most Important Thing: Why They Doing Are This



"If we pull this off, we'll eat like kings."

Unfortunately, you can't regulate integrity.



Questions and Discussion

