

# California Regional Health Care Cost & Quality Atlas

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# The Integrated Healthcare Association (IHA) - a 501(c)6 not-for-profit founded in 1994







### **IHA Mission**

### To create breakthrough improvements in health care services for Californians through collaboration among key stakeholders

### **One Interpretation: Advance Integrated Care**









IHA's Align. Measure. Perform. (AMP) Assessing Provider Organization Performance

> Measures: 50 highly aligned measures of clinical quality, patient experience, utilization, total cost of care (TCoC)



- Includes: Commercial HMO, Commercial ACO, Medicare Advantage, Medi-Cal Managed Care (Medicaid) members; 200 risk sharing provider organizations
- What's Viewable: Provider organization level
  performance



# Align. Measure. Perform. (AMP) programs built on foundation of common measurement and benchmarking

AMP Program	Common Measure Set	Participant Reporting & Benchmarking	Recognition Awards	Public Reporting	Incentives
Commercial HMO	✓ 🗆	✓ 🗆	✓ 🗆	✓ 🗆	✓ 🗆
Medicare Advantage	✓ 🗆	✓ 🗆	✓ 🗆	✓ 🗆	Optional
Medi-Cal Managed Care	✓ 🗆	✓ 🗆	TBD	TBD	Optional
Commercial ACO	✓ 🗆	✓ 🗆	TBD	N/A	Optional



# IHA's Atlas: highlighting California's cost & quality variation



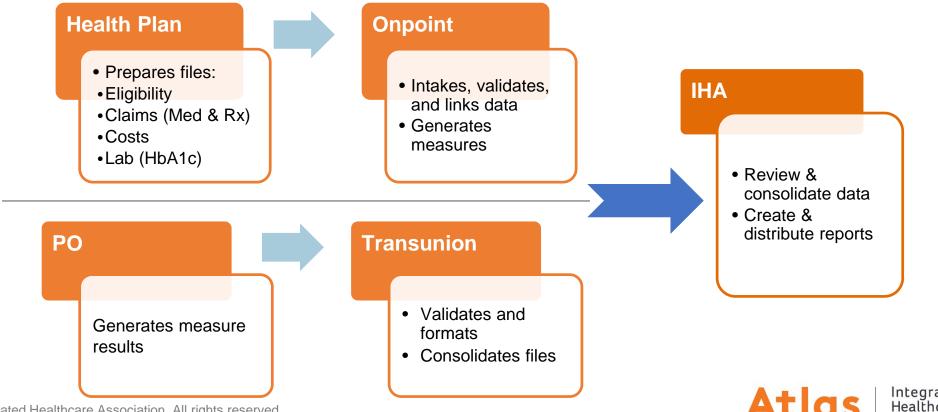
atlas.iha.org

- Measures: Over two dozen standardized measures of clinical quality, TCoC, patient cost sharing and utilization
- Includes: Nearly 30 million Californians including Commercial HMO, PPO, ACO, Medicare Advantage, Medicare FFS, and Medicaid
- What's Viewable: Geography and product



# Common data source for both AMP and Atlas programs

- Results were generated from the health plan data submission to Onpoint
- POs had the option to test self-reporting of commercial ACO results



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### IHA data infrastructure coverage - a voluntary MPCD

IHA has performance information covering ~75% of California's population

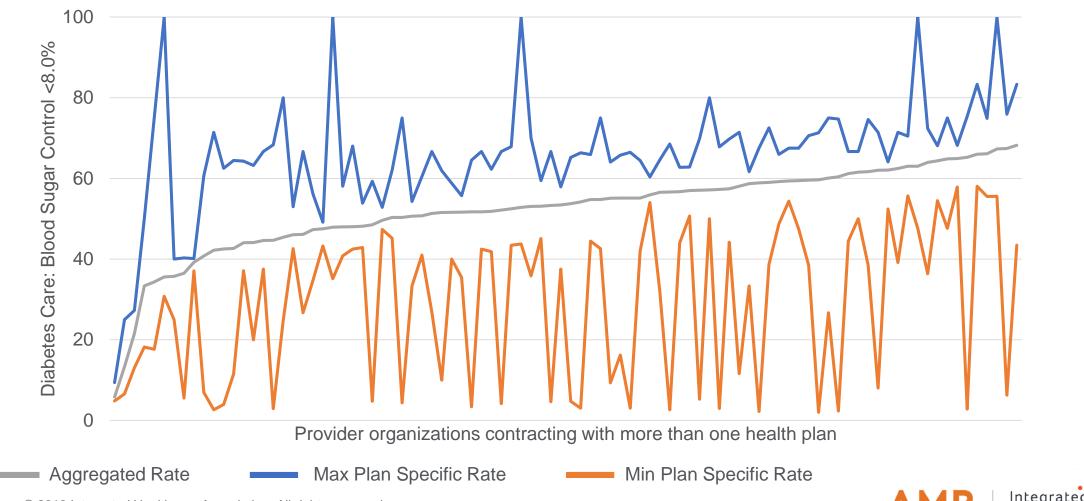
- California total population: 39.4 million
- Population in IHA's infrastructure: 30 million

Payer	Product	Source	Covered Lives
Commercial	НМО	10 health plans	9.0 M
	PPO	6 health plans	4.7 M
Medicare	Advantage	7 health plans	1.7 M
	FFS	CMS, research DUA	~3 M
Medi-Cal* (full-scope)	Managed Care	DHCS	~10 M
	FFS	DHCS	~1.6 M
Total			~30 M

\* Receive results (numerator, denominator), not member level data

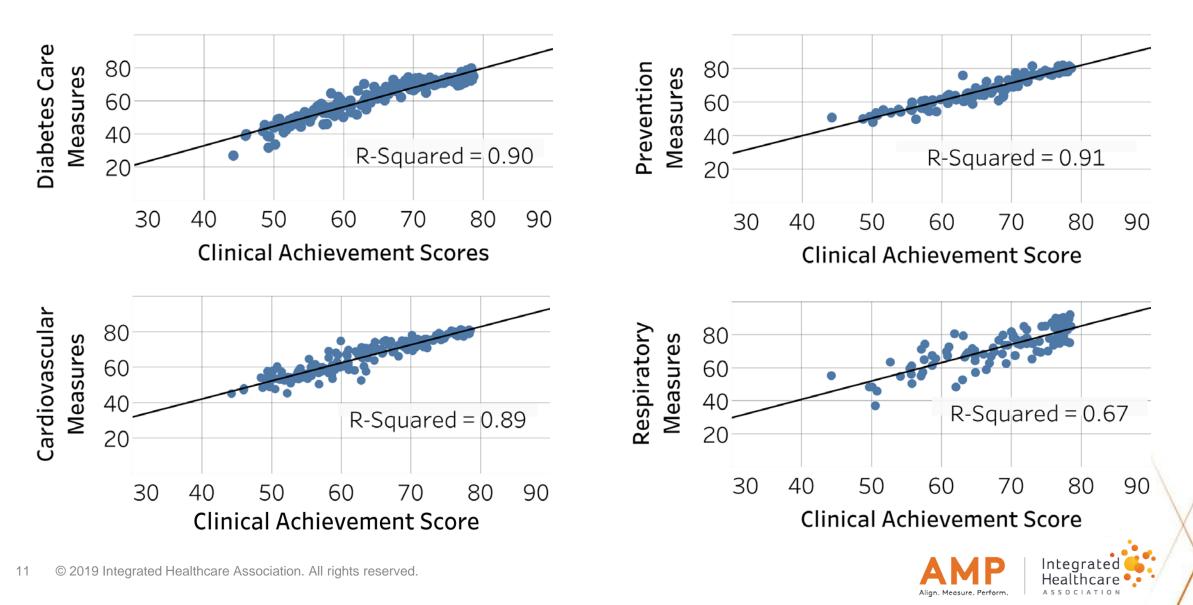


# Why bother with measure standardization and aggregation?



Measure. Perform

### What can a few measures really tell us?





# What do we observe when risk sharing occurs?

## Atlas 3 takeaways related to risk sharing

- Better clinical quality for commercially insured members cared for by providers sharing financial risk (capitation) vs. not sharing financial risk (fee for service)
- Lower total cost of care and member cost sharing, on average in CA, when providers share financial risk
- Risk sharing appears to offer better value than fee for service, considering both clinical quality and clinically risk adjusted total cost of care
- Commercial ACOs appear to offer high quality and lower costs and further demonstrate the value of risk sharing

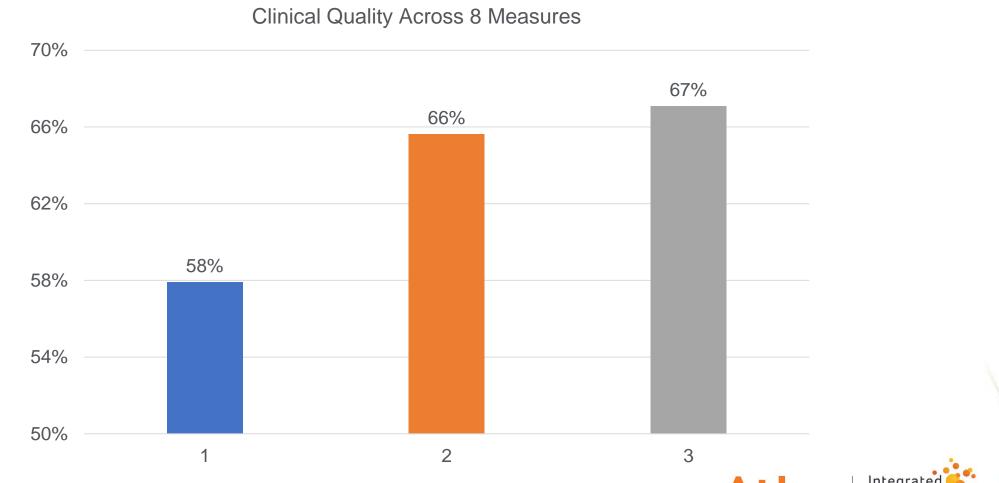




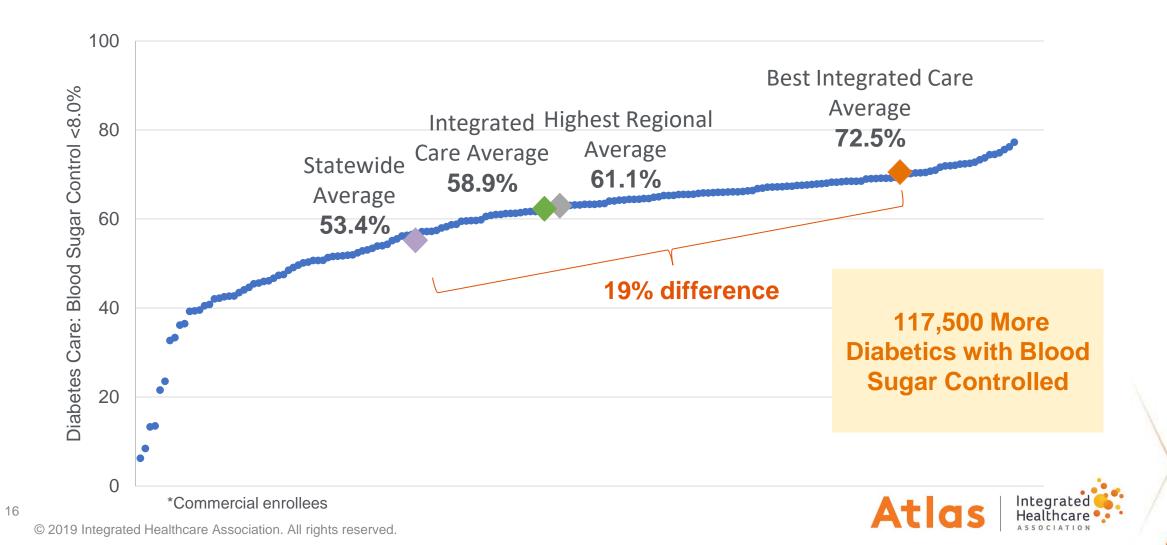
Better clinical quality for commercially insured members cared for by providers sharing financial risk (capitation) vs. not sharing financial risk (fee for service)



# Financial risk sharing associated with better quality in California



# There is wide variation in care AND the delivery model matters

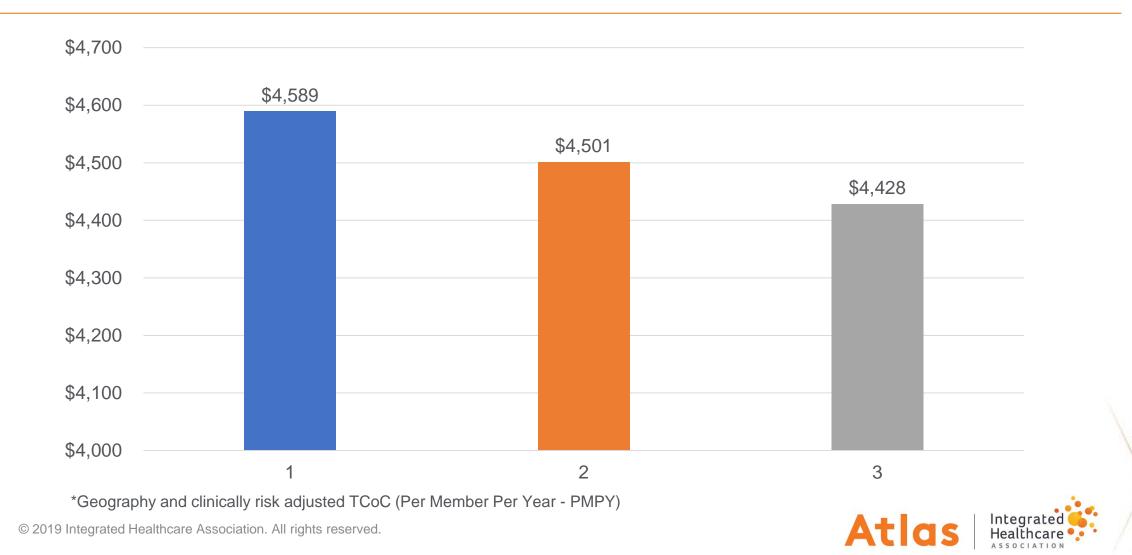




## Lower total cost of care and member cost sharing, on average in CA, when providers share financial risk

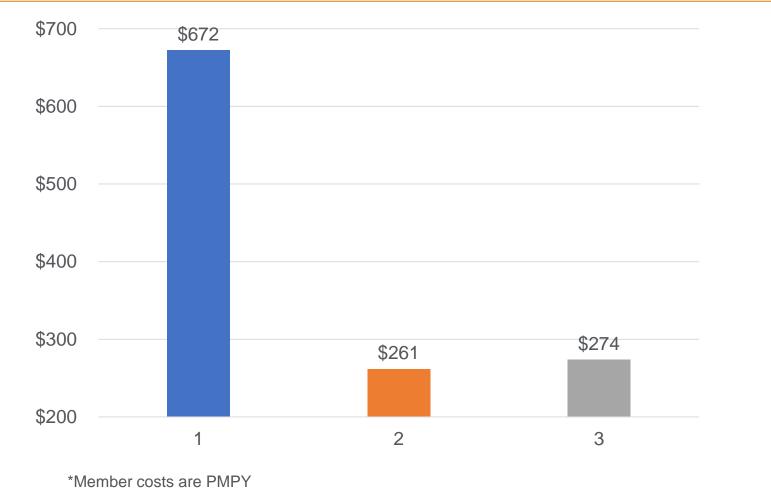


# Financial risk sharing associated with lower TCoC in California



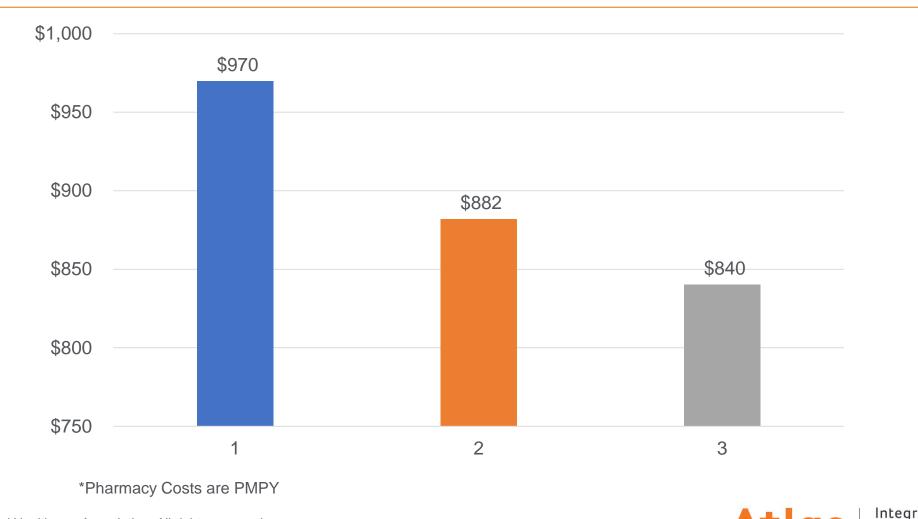
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# Financial risk sharing associated with lower member cost sharing

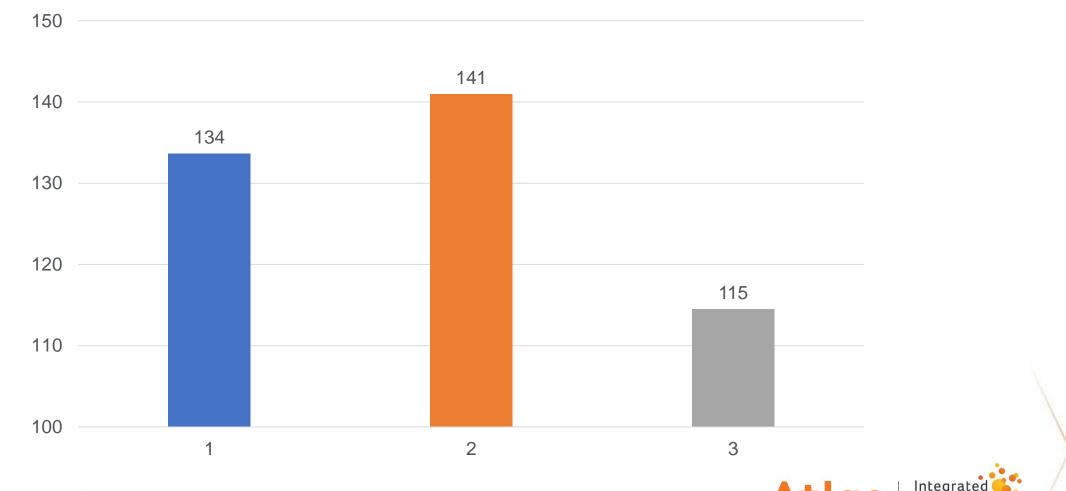




# Financial risk sharing associated with lower pharmacy costs



# Full risk sharing associated with lower inpatient bed days





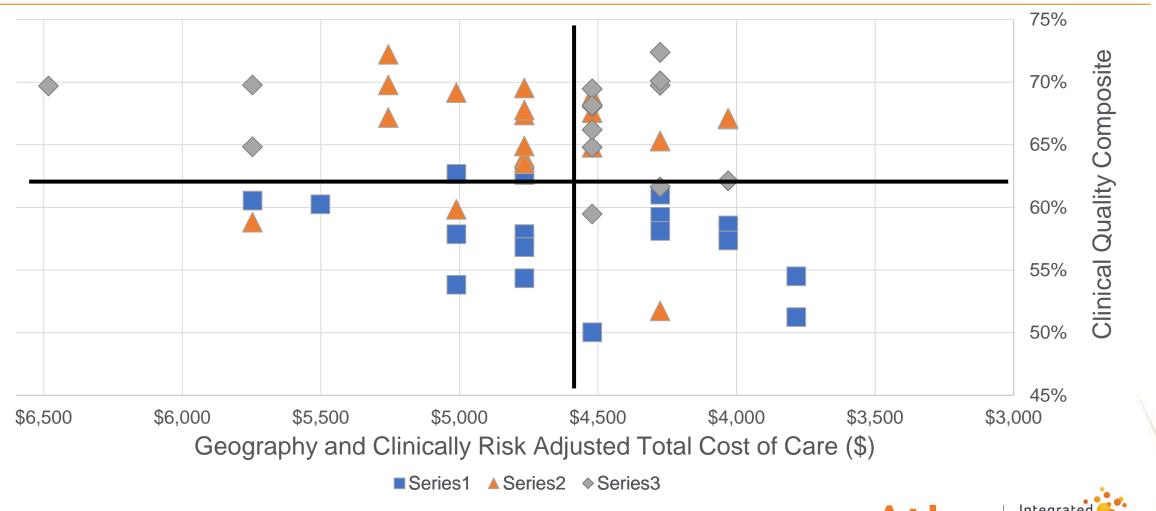
# Risk sharing appears to offer better value than fee for service, considering both clinical quality and clinically risk adjusted total cost of care



# Financial risk sharing associated with higher value



# Only risk sharing arrangements are in high quality, low cost quadrant





# Are "ACOs" the Answer?

# Participation in AMP commercial ACO program is increasing





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## AMP commercial ACO measure set

Childhood Immunization Status

Chlamydia Screening in Women

16. Weight Assessment & Counseling for

Concurrent Use of Opioids & Benzodiazepines

Initiation of Alcohol and Other Drug Dependence

Immunizations for Adolescents

Children/Adolescents

20. All Cause Readmissions

17. Use of Opioids at High Dosage

#### **MY 2018 MEASURES**

- Asthma Medication Ratio 1.
- 2. **Breast Cancer Screening**
- **Cervical Cancer Screening** 3.
- Cervical Cancer Overscreening 4
- **Colorectal Cancer Screening** 5
- **Controlling High Blood Pressure** 6.
- 7. Statin Therapy for Patients with Cardiovascular Disease
- Statin Therapy for Patients with Diabetes 8.
- 9 **Comprehensive Diabetes Care**
- Use of Imaging for Low Back Pain
- Appropriate Testing for Children with Pharyngitis
- Antibiotic Avoidance in Adult Acute Bronchitis

#### **DEVELOPMENTAL MEASURES: Priorities for Future Testing and Use**

- Avoidable ER Visits
- Preventative Care & Screening: Tobacco Use
- AHRQ Prevention Quality Indicator #90: Ambulatory Sensitive Admissions
- CG-CAHPS (ACO)
- Flu Vaccinations for Adults 18-64
- Patient Reported Outcomes (clinical focus area: depression)

- Depression Remission at 6 months
- Screening for Depression & Follow Up Plan
- Adult BMI Screening & Follow Up
- 10. Ischemic Vascular Disease: Aspirin Use
- 11. Optimal Diabetes Care Combination
- 12. NTSV C-Section

#### **Commercial ACO** performance on 22 measures

19 clinical quality 2 utilization **Total Cost of Care** 

Collecting information about commercial ACO contracts to understand landscape (product, attribution methodology, risk sharing, organization types in contract)





Treatment

ED Visits 22. Total Cost of Care

13.

15.

18.

# What we now know about commercial ACOs in California year 1 measurement includes:

	3				
HEALTH PLANS					
blue 🕅 aetn	3 health plans submitted data in				
Anthem. SlueShield	year 1. In year 2, this will increase to 5.				

40

### **PROVIDER ORGANIZATIONS**

14 POs opted to receive year 1 performance information & benchmarks. 5 of these POs also voluntarily reported commercial ACO results.

### **81 COMMERCIAL ACO** CONTRACTS



58% of contracts and 54% of members are in an ACO built upon a PPO product.

### **CARE PROVIDED** TO ~700,000 CALIFORNIANS





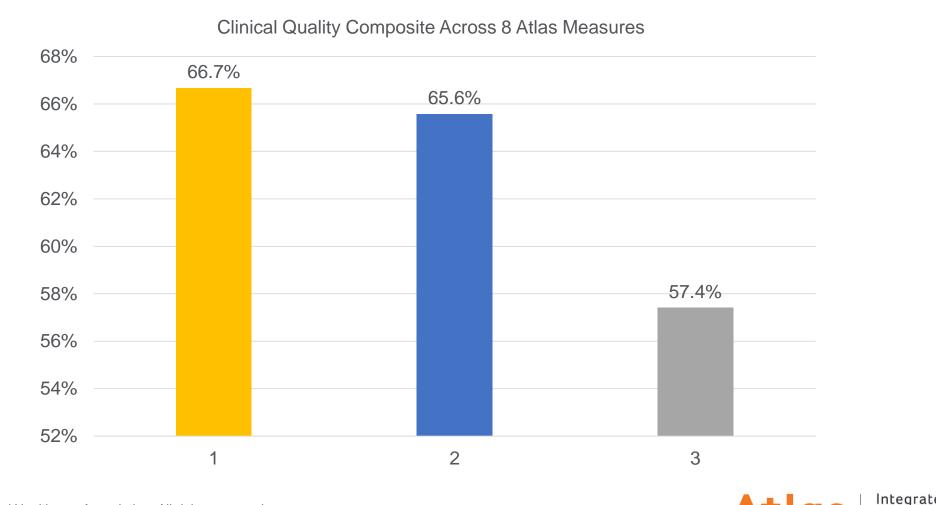
# Commercial ACOs appear to offer high quality and lower costs and further demonstrate the value of risk sharing



## Do ACOs improve value?



# Commercial ACO similar to HMO and better than PPO in clinical quality

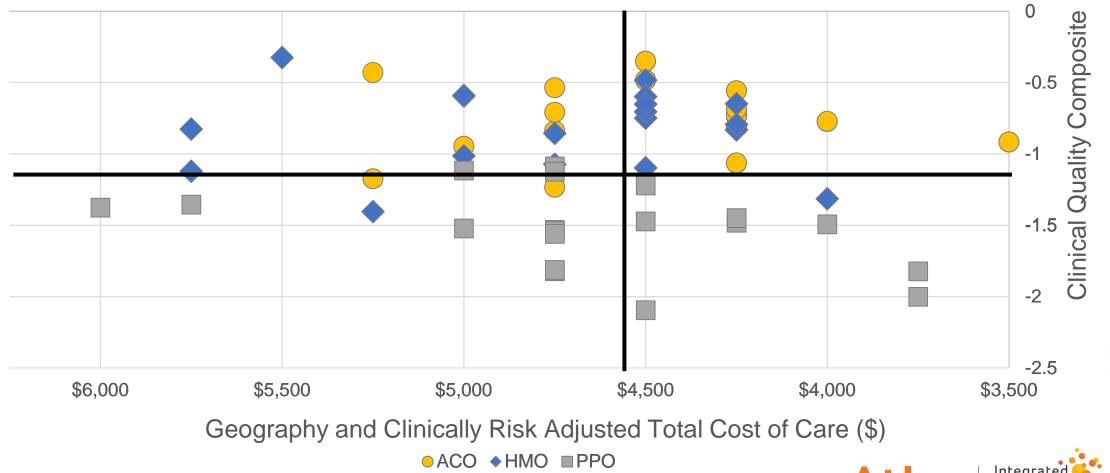


## Commercial ACOs slightly lower than HMO and PPO in TCoC





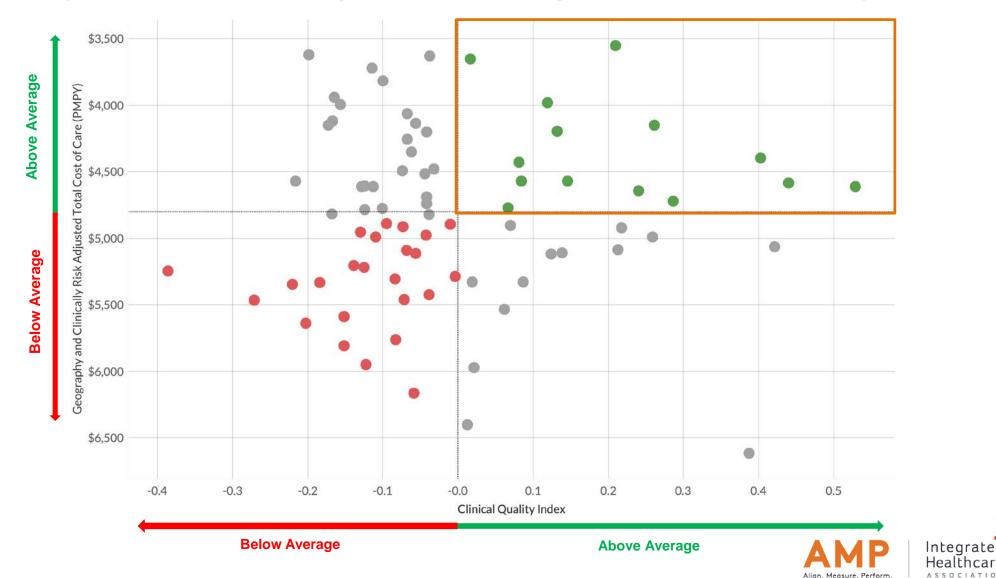
# Only ACO and HMO are in high quality, low cost quadrant



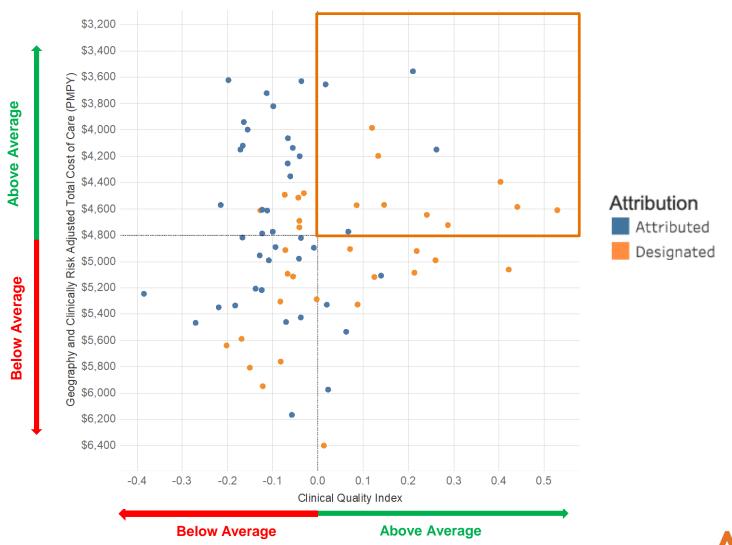


# What about at the Provider Group (ACO) level?

## Commercial ACOs can provide high value care (review of >80 plan/ACO specific contracts)



### Both attributed and designated models can provide value







# Some final thoughts

### Implications of doing good performance benchmarking

- Financial risk sharing is associated with higher value commercial ACOs have the potential to contribute
- Atlas-type information from functional APCD's can inform and enable the "volume to value" push
- Most of what is causing (vs. correlated with) better value is "under the hood" – marketing and product descriptions aren't precise enough
- The relationship between financial risk sharing and clinical integration needs better definition; the impact of consolidation also needs better clarity

